Note	Fry Sloppy Joes Cooking time:	To go back to INDEX - Click INDEX ta						ab
Wok with olive oil # 1 Turkey, ground lbs 4 3 2 1 Cook in wok with salt & pepper & Drain Ketchup cups 2 1 1/2 1 1/2 0.3 Onion, chopped cups 1 3/4 1/2 1/4 0.3 Celery, chopped cups 1 3/4 1/2 1/4 0.1 Sugar, brown cups 1/2 3/8 1/4 1/8 Mustered TBSP 3 2 1/4 1 1/2 3/4 Worcestershire TBSP 3 2 1/4 1 1/2 3/4 Garlic, minced TBSP 1 3/4 1/2 1/4 Chili Powder TBSP 1 3/4 1/2 1/4 Add to wok & Mix Cook until heated - about 3 minutes	C	Yield:	pints	12	6	4	2	1.2
Wok with olive oil # 1 Turkey, ground lbs 4 3 2 1 Cook in wok with salt & pepper & Drain Ketchup cups 2 1 1/2 1 1/2 0.3 Onion, chopped cups 1 3/4 1/2 1/4 0.3 Celery, chopped cups 1 3/4 1/2 1/4 0.1 Sugar, brown cups 1/2 3/8 1/4 1/8 Mustered TBSP 3 2 1/4 1 1/2 3/4 Worcestershire TBSP 3 2 1/4 1 1/2 3/4 Garlic, minced TBSP 1 3/4 1/2 1/4 Chili Powder TBSP 1 3/4 1/2 1/4 Add to wok & Mix Cook until heated - about 3 minutes	Miyer, electric		anarts	2.1/2				
Turkey, ground lbs 4 3 2 1 0.5 Cook in wok with salt & pepper & Drain Cook in wok with salt & pepper & Drain 0.3 0.3 0.3 0.3 0.3 0.3 0.3 0.3 0.3 0.3 0.3 0.3 0.3 0.1 <th< td=""><td>, and the second second</td><td></td><td>•</td><td>1</td><td></td><td></td><td></td><td></td></th<>	, and the second		•	1				
Cook in wok with salt & pepper & Drain Cook in wok with salt & pepper & Drain								
Ketchup cups 2 1 1/2 1 1/2 0.3 Onion, chopped cups 1 3/4 1/2 1/4 0.3 Celery, chopped cups 1 3/4 1/2 1/4 0.1 Sugar, brown cups 1/2 3/8 1/4 1/8 Mustered TBSP 3 2 1/4 1 1/2 3/4 Worcestershire TBSP 3 2 1/4 1 1/2 3/4 Garlic, minced TBSP 1 3/4 1/2 1/4 Chili Powder TBSP 1 3/4 1/2 1/4 Add to wok & Mix Mix Cook until heated - about 3 minutes	Turkey, ground		lbs	4	3	2	1	0.5
Onion, chopped cups 1 3/4 1/2 1/4 0.3 Celery, chopped cups 1 3/4 1/2 1/4 Sugar, brown cups 1/2 3/8 1/4 1/8 Mustered TBSP 3 2 1/4 1 1/2 3/4 Worcestershire TBSP 3 2 1/4 1 1/2 3/4 Garlic, minced TBSP 1 3/4 1/2 1/4 Chili Powder TBSP 1 3/4 1/2 1/4 Add to wok & Mix Cook until heated - about 3 minutes	Cook in wok	with salt	& pepper	· & Dra	ain			
Onion, chopped cups 1 3/4 1/2 1/4 0.3 Celery, chopped cups 1 3/4 1/2 1/4 Sugar, brown cups 1/2 3/8 1/4 1/8 Mustered TBSP 3 2 1/4 1 1/2 3/4 Worcestershire TBSP 3 2 1/4 1 1/2 3/4 Garlic, minced TBSP 1 3/4 1/2 1/4 Chili Powder TBSP 1 3/4 1/2 1/4 Add to wok & Mix Cook until heated - about 3 minutes		_						
Celery, chopped cups 1 3/4 1/2 1/4 Sugar, brown cups 1/2 3/8 1/4 1/8 Mustered TBSP 3 2 1/4 1 1/2 3/4 Worcestershire TBSP 3 2 1/4 1 1/2 3/4 Garlic, minced TBSP 1 3/4 1/2 1/4 Chili Powder TBSP 1 3/4 1/2 1/4 Add to wok & Mix Cook until heated - about 3 minutes	*		cups	2	1 1/2	1		
Sugar, brown cups 1/2 3/4 1/2 1/4 Mustered TBSP 3 2 1/4 1 1/2 3/4 Worcestershire TBSP 3 2 1/4 1 1/2 3/4 Garlic, minced TBSP 1 3/4 1/2 1/4 Chili Powder TBSP 1 3/4 1/2 1/4 Add to wok & Mix Cook until heated - about 3 minutes			cups	1	3/4	1/2	1/4	
Mustered TBSP 3 2 1/4 1 1/2 3/4 Worcestershire TBSP 3 2 1/4 1 1/2 3/4 Garlic, minced TBSP 1 3/4 1/2 1/4 Chili Powder TBSP 1 3/4 1/2 1/4 Add to wok & Mix Mix Cook until heated - about 3 minutes	Celery, chopped		cups	1	3/4	1/2	1/4	0.1
Worcestershire TBSP 3 2 1/4 1 1/2 3/4 Garlic, minced TBSP 1 3/4 1/2 1/4 Chili Powder TBSP 1 3/4 1/2 1/4 Add to wok & Mix Mix Cook until heated - about 3 minutes	Sugar, brown		cups	1/2	3/8	1/4	1/8	
Garlic, minced Chili Powder TBSP 1 3/4 1/2 1/4 TBSP 1 3/4 1/2 1/4 Add to wok & Mix Cook until heated - about 3 minutes	Mustered		TBSP	3	2 1/4	1 1/2	3/4	
Chili Powder TBSP 1 3/4 1/2 1/4 Add to wok & Mix Cook until heated - about 3 minutes	Worcestershire		TBSP	3	2 1/4	1 1/2	3/4	
Chili Powder TBSP 1 3/4 1/2 1/4 Add to wok & Mix Cook until heated - about 3 minutes	Garlic, minced		TBSP	1	3/4	1/2	1/4	
Add to wok & Mix Cook until heated - about 3 minutes	· ·		TBSP	1	3/4	1/2	1/4	
	Add to wok &	Mix						
Serve &/or Add to container(s) & Frig for days or Freezer for months	Cook until he	ated - abo	out 3 min	utes				
Serve &/or Add to container(s) & Frig for days or Freezer for months								
	Serve &/or Add to co	ontainer(s) & Frig	for day	s or Fr	reezer fo	or mon	ths
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